

We are currently inviting staff to take part in the OPW campaign optimising power @work by becoming an Energy Champion. For more information see below for awareness campaign details.

If you'd like to get involved please contact us

[CUH.SustainableEnv@hse.ie](mailto:CUH.SustainableEnv@hse.ie)

### What's On? March 2018

**OPTIMISING POWER @ WORK  
AWARENESS DAY 28<sup>TH</sup> MARCH STAFF  
CANTEEN 11-3PM**

**OPTIMISING POWER AT WORK  
AWARENESS SESSION ON SAVING  
ENERGY AT HOME  
MAIN AUDITORIUM 3PM-4PM ALL  
WELCOME**

There will be an energy champion meeting on Wednesday 28<sup>th</sup> of March from 2.30pm-3.00pm in Large MDM room in Cardiac Renal Centre.

This is a great opportunity to hear about what is currently happening on the energy awareness campaign and how all departments can get involved in reaching the 2020 target of 33%.

## INTRODUCTION

Welcome to the March 2018 edition of the CUH Green Campus Newsletter!

**Focus On Water!** It might be hard to grasp why we need to conserve water in Ireland when we seem to have so much of it! But producing safe drinking water uses energy and resources. CUH consumes almost 700 litres of water per inpatient bed day; some of this is undoubtedly water that is being wasted. World Water Day takes place on the 22nd March and is an opportunity to learn more about water related issues and to be inspired to tell others to make a difference by taking action!

We can take action in the healthcare setting by reporting any dripping taps, leaky pipes or faulty toilets to our Maintenance Department. If you need a plumber you can submit a work request via the staff directory!

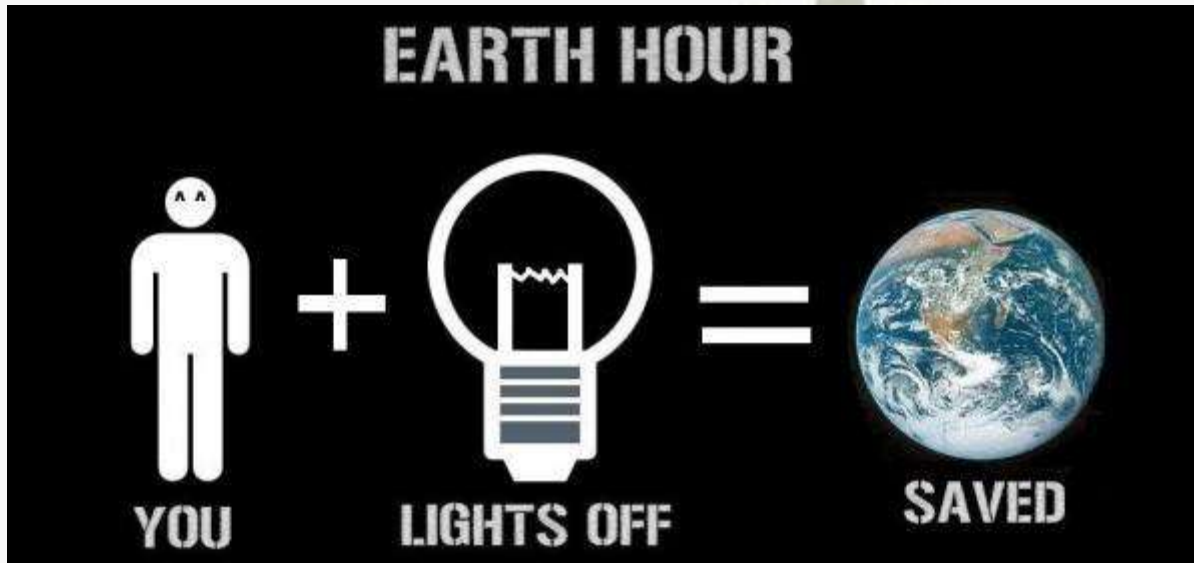
## What is water conservation?

*Water conservation simply refers to reducing the usage of water and recycling waste water for different purposes, such as cleaning, manufacturing and agricultural irrigation. This method definitely accounts as the most efficient and cost effective way to control the use of water*



# Earth Hour

The second event is Earth Hour, Saturday 24 March, 20:30. For this one hour hundreds of millions of people worldwide switch off lights and other electrical items in a stand against climate change. Global landmarks such as the Sydney Harbour Bridge, Rome's Colosseum and The Golden Gate Bridge in San Francisco, all take part. Switch off your lights at home and enjoy an evening by candlelight! For more information visit the official Earth Hour site: <http://www.earthhour.org/>



---

## CAMPUS BIKE WEEK 2018

12<sup>TH</sup> -16<sup>TH</sup> MARCH 2018

Campus Cycle Week launched under the Green Campus Forum at University College Cork in March 2017. It now reaches over 40,000 staff and students at Cork College of Commerce, Cork Institute of Technology, Coláiste Stiofáin Naofa, St John's Central College, and University College Cork, as well as in Cork University Hospital. The Cork Cycling Campaign have actively partnered with these institutions in running this Week, building a network of cyclists, and addressing the obstacles that cyclists face on campus. There will be events taking place on each campus throughout the week. Events list to follow.

**Let's continue to improve and encourage cycling on our site.**

