

We are currently inviting staff to take part in the OPW campaign optimising power @work by becoming an Energy Champion. For more information see below for awareness campaign details.

If you'd like to get involved please contact us

CUH.SustainableEnv@hse.ie

What's On? May/June 2018

22ND MAY 2018 IS THE INTERNATIONAL DAY FOR BIODIVERSITY TO CELEBRATE HOW HUMANS INTERACT WITH THE PLANET. HUMAN HEALTH DEPENDS ON SPECIES FOR POLLINATING FOOD CROPS, CONTROLLING FLOODS, PROVIDING OUR CLOTHES AND OFFERING MEDICAL TREATMENTS TO BILLIONS OF PEOPLE. TO FIND OUT MORE ABOUT HOW IMPORTANT BIODIVERSITY IS FOR EVERY HUMAN BEING PLEASE VISIT: [HTTP://WWW.UN.ORG/EN/EVENTS/BIODIVERSITYDAY/](http://www.un.org/en/events/biodiversityday/)

BIKE WEEK 9TH - 17TH JUNE 2018

BIKE WEEK IS A CELEBRATION AND PROMOTION OF ALL THAT'S GREAT ABOUT BIKES AND CYCLING. HELD OVER A WEEK IN JUNE OF EACH YEAR WITH BIKE THEMED EVENTS ORGANISED BY LOCAL AUTHORITIES, COMMUNITY GROUPS AND CYCLING GROUPS THROUGHOUT IRELAND



THE NEXT ENERGY CHAMPIONS MEETING TAKES PLACE ON THE 30TH OF MAY AT 2.30PM IN THE LARGE MDM ROOM . THE NEXT MEETING WILL INVOLVE FOCUS GROUPS FROM HOUSEKEEPING, CATERING AND SECURITY. ALL ENERGY CHAMPIONS WELCOME

INTRODUCTION

Welcome to the May 2018 edition of the CUH Green Campus Newsletter!

CUH campus was awarded the Green Flag for Waste and Energy in 2014 by An Taisce and The Foundation for Environmental Education.

An Taisce Green Campus Programme will be re-assessed by an international expert panel on the 14th Of June 2018. It will include a detailed review of our portfolio of achievements, validated by a formal site visit. The re-assessment includes new themes such as Water, Transport and Biodiversity as well as the maintenance themes Waste and Energy. We are all responsible for the environment. To create a more sustainable environment in CUH , here are some simple steps;

1. Turn off the lights and equipment before leaving your area.
2. Separate waste correctly.
3. Turn off the tap after use and report all leaks.
4. Walk, cycle or take the bus once a month to reduce the carbon footprint.
5. Take a walk around the campus green areas and enjoy the biodiversity.

Walk to School Week

Students from Green Schools and Campuses all over Ireland will come together during National Walk to School Week: May 14th to 18th to show their support for a greener, healthier environment by encouraging everybody to walk to school wherever possible. Join in Green Schools National WOW day on Monday 14th May and help to reach the target of over 20,000 people walking to school all over Ireland! Let's follow suit here at CUH and try to Walk to Work wherever we can given the week that is in it!



Office Equipment

In the work environment there are numerous energy using items: computers, laser and inkjet printers, photocopiers, fax machines, vending machines, kettles etc. Office equipment is now second only to heating as the major energy user in most office environments. The amount of office equipment is continually increasing and in some cases produces so much heat that air conditioning or ventilation is being installed, further adding to energy use. Most a computer's power is used by the screen, so if you are off to a meeting or lunch, even if you don't switch off your computer, at least switch off the monitor/screen.

1. Shut down your PC and the monitor at night.
2. Switch off your monitor when leaving your desk for 15 minutes or longer.
3. Set up a rota for ensuring the photocopier, printers and lights are switched off at night.

CUH WASTE

CUH campus is now sending all genral waste for energy recovery making the campus a zero landfill zone and more sustainable. Greenstar will be carrying out a site audit of the recycling stream to look at what we can actually recycle on campus. Remember if you are ensure of what is acceptable for recycling see below. These items below also apply in your home. Recycling awarness campaign will begin in the coming weeks on campus.

Your new recycling list!

Clean,
Dry and
Loose

