

We are currently inviting staff to take part in the OPW campaign optimising power @work by becoming an Energy Champion. For more information see below for awareness campaign details.

If you'd like to get involved please contact us

[CUH.SustainableEnv@hse.ie](mailto:CUH.SustainableEnv@hse.ie)

### What's On? September

Clean up the World Weekend  
15<sup>th</sup>-16<sup>th</sup> September 2018

One of the world's largest environmental campaigns celebrates the year-round achievements of members on one weekend in September when thousands of clean up events take place across the globe

For more information visit  
<https://www.cleanuptheworld.org/>

THE NEXT ENERGY CHAMPIONS MEETING TAKES PLACE ON THE 26TH OF SEPTEMBER AT 2.30PM IN THE LARGE MDM ROOM . ENERGY AWARENESS TALK WILL TAKE PLACE ON THE SAME DAY IN THE MAIN AUDITORIUM FROM 3-4PM ALL STAFF WELCOME.

## Energy Update

CUH has made significant savings in reducing energy over the last number of months with a reduction of -6.3% year to date. Sub meters have been installed on campus and from October 2018 we will have software that will allow us to monitor the amount of energy each department is using.

Remember to close the blinds, turn off the lights and close your door before leaving.



### SMARTER TRAVEL NEWS!

**COMMUTER CHALLENGE  
REBOOT YOUR COMMUTE**  
STARTING FROM THE 1<sup>ST</sup> OCTOBER UNTIL THE 11<sup>TH</sup> OF NOVEMBER  
THIS YEAR CUH STAFF WILL BE CHALLENGED TO USE ALL METHODS OF TRAVEL WALK RUN CYCLE TAKE THE BUS OR THE TRAIN JUST LEAVE THE CAR AT HOME.

Set up your team and take part  
Register [www.activetravellogger.ie](http://www.activetravellogger.ie)

Amazing prizes to be won by the team that logs the most journeys





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## **WE NEED TO RETHINK PLASTIC**

**CUH CANTEEN USES OVER 2000 PLASTIC CUPS DAILY. EACH PERSON TAKES AT LEAST 2-3 CUPS OF WATER AT LUNCH TIME. WE NEED TO CONSIDER HOW MUCH THIS AFFECTS THE ENVIRONMENT. LETS TRY TO TAKE ONE CUP AND REFILL WHEN NEEDED!**

PLASTIC CONSUMPTION HAS PEAKED SINCE THE 1950S AND IT IS EXPECTED TO DOUBLE TO OVER 600 MILLION TONNES PER YEAR BY 2038.

NEARLY 26 MILLION TONNES OF PLASTIC ARE BEING THROWN AWAY EVERY YEAR IN EUROPE, WITH LESS THAN 30 PER CENT OF IT BEING RECYCLED, WHILE THE POTENTIAL OF RECYCLING PLASTIC WASTE REMAINS LARGELY UNEXPLOITED.

HOWEVER, RECYCLING PLASTIC ALONE IS NO LONGER AN OPTION, THE REPORT FINDS. THE AUTHORS SAID THAT THAT THERE IS ALSO A NEED FOR NEW INITIATIVES TO CUT PRODUCTION AND PROMOTE REUSE TO STOP PLASTIC POLLUTION AT ITS SOURCE.

THE EUROPEAN COMMISSION SHOULD CONSIDER AN AMBITIOUS SET OF TAXES RATHER THAN A SINGLE TAX TO REDUCE OVERALL LEVELS OF PLASTIC USE, THE REPORT FINDS. TO FIND OUT MORE VISIT THE WEBSITE BELOW.

[HTTPS://GREENNEWS.IE/PLASTIC-TAX-WILL-NOT-SOLVE-PLASTIC-CRISIS/](https://greennews.ie/plastic-tax-will-not-solve-plastic-crisis/)

